

## A Luminous Experience with Family

We invite you on this unparalleled opportunity to immerse yourself in the cultures, spirit, and beauty of Sierra Leone as you engage with a group of like minded family members in self-discovery. We believe that you might fit in with this group of smart,

adventurous, and spiritual people. It is a unique experience for those eager to discover a different world



and challenge themselves in new ways. It will leave you with the pleasure of having served others; an increased awareness of life meaning and purpose; and we hope generate **transformation** within.

*"I'll say it was a life changing transformational experience; no way to explain it to others."* 2018 Participant

### Application Fee and Deposit Required

Space is limited based on a first come first serve basis. In order to engage in the highest quality experience, have unique access to local sites, and activities a \$500 deposit is required per person to LemonAid Fund along with both a non refundable application fee of \$150 and an interview to make sure this trip is a good match for you. Fee is based on double occupancy (single occupancy is extra and roommate match is free).



Children at the Dele Peddle International School by Dr. Nancy Peddle



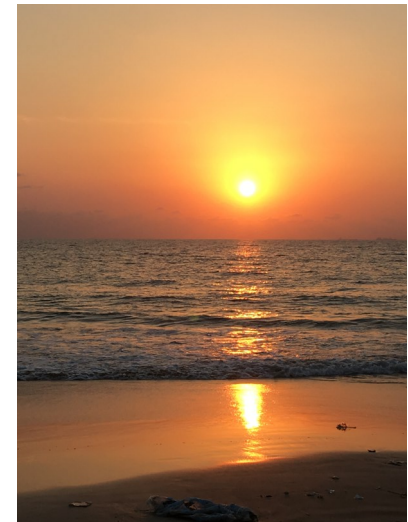
# LemonAid Fund

490 Lincoln Ave. W.  
Highland Park, IL 60035

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## An Extraordinary Journey to Summon the Human Spirit to Its Best Self.

Sierra Leone: 8 Days  
February 15-23, 2019



Lumley Beach, Sierra Leone by Dr. Nancy Peddle

### 20 YEAR Celebration of LemonAid Fund Service, Spirit, Sport, Soaring...

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## Why this Journey

We make a difference in this world by our very being. The more we feel our own power, the more that we feel our own peace the more we can change the world in which we live. We see the importance of self empowerment and transformation as gifts that can be received and given.

This journey is a unique opportunity of self-discovery of mind body and spirit. It is for those willing to challenge their comfort zone and explore their thoughts and feelings toward more happiness.

### Journey Leaders

**Nancy Peddle, PhD, CEO** LemonAid Fund, Adjunct Professor The Chicago School of Professional Psychology (TCSPP) and Well-Being Coach. She has extensive expertise in traveling globally and successfully leading self exploration trips.



**Vicki Browne RN, BSN, DCN** registered oncology nurse, Adjunct Faculty TCSPP and Liaison LemonAid Fund who has co-led transformational trips.



### Sierra Leone Colleagues

We are committed to making the journey joyful, meaningful and transformative.

## Program

The program is a balance of service, self-care, spirit and culture. You will work with LemonAid Fund's programs, experience the sights, sounds and culture of Sierra Leone, and meet some of the leaders who are working to bring development to the country.

### Highlights:

- ◇ Freetown tour ending with a sundowner
- ◇ Visit LemonAid Fund Projects and participate in the 20 year Celebration and Awards
- ◇ LemonAid Fund Service Project
- ◇ Takeh Beach and Yoga
- ◇ Visit World Famous Tacaquama Chimpanzee Sanctuary
- ◇ Shopping at the Big Market



## Your Investment

The costs include:

- ◇ Transportation in country
- ◇ Tour and meal at Chimpanzee Sanctuary
- ◇ Reception and Special Events

- ◇ All accommodations and meals as a group
- ◇ Yoga Sessions (two)
- ◇ Service Project (s) and all Materials
- ◇ Admission to Cultural Sites
- ◇ Life Coaching Session (1/2 hour individual angel card reading)
- ◇ Local translational and organizational support
- ◇ Hand made cultural clothing (Aschobi)



The total cost of the Journey is \$4200 double occupancy **plus** the application fee of \$150 (a % will be tax deductible) plus your visa , insurance, tips and airfare to Freetown.

- \$150 Application Fee Non-Refundable
- \$500 Non-Refundable Deposit
- \$2200 payment
- Remaining \$1500 payment
- Service fee for online payments. Send checks to:



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