

A Luminous Experience with Friends

We invite you on this unparalleled opportunity to immerse yourself in the cultures, spirit, and beauty of the Rwanda as you engage with other amazing women in the art of self-discovery and service. See yourself in the picture with a group of smart, adventurous, and spiritual women. It is a unique experience for those eager to discover another part of the world and challenge yourself in new ways. It will leave you with the pleasure of having served others; an increased awareness of life meaning and purpose; and we hope generate **transformation** within.

Deposit Required

Space is limited. In order to engage in the highest quality experience, have unique access to local sites, and be safe a non-refundable \$150 application fee and \$500 deposit is required per person to LemonAid Fund along with an interview to make sure this trip is a good match for you. Reservations are on a first come first serve basis with a minimum of 4 people. Reservation is based on **double** occupancy (single occupancy is \$100 per day extra and roommate match is free).



Long time friends and leaders Vicki and Nancy at Rosamond Carr's home in Rwanda



Above Women of Shengi, Rwanda by Dr. Nancy Peddle

An adventure for women (sisters, spouses, mother/ daughters, friends...



LemonAid Fund

490 Lincoln Ave W.
Highland Park, IL 60035

Phone: (312) 714-9370 or (917) 440-6953
E-mail: info@lemonaidfund.org

<http://www.lemonaidfund.org>

An Extraordinary Journey to Summon the Human Spirit to Its Best Self.

➤ ➤ Rwanda: 10 Nights
February 2023



Canopy Walkway in the Nyungwe Forest

Service, Spirit, Sport, Soaring, Sisterhood...

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Why this Journey

We make a difference in this world by our very being. The more we feel our own power, the more that we feel our own peace, the more we can change the world in which we live. We see the importance of self empowerment and transformation as gifts that can be received and given. We believe you will find your power on this trip.

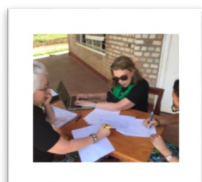
This journey is a unique opportunity of women 's self-discovery of mind body and spirit. It is for those willing to challenge their comfort zone and explore their thoughts and feelings toward experiencing more joy.



Journey Leaders

Nancy Peddle, PhD, CEO and Founder LemonAid Fund, Faculty The Chicago School of Professional Psychology (TCSPP) and Well-Being Coach. She has extensive expertise in traveling globally and successfully leading self exploration trips.

Vicki Browne RN, BSN, DCCN registered oncology nurse and Liaison LemonAid Fund has co-led numerous transformational trips.



We are committed to making the journey joyful, meaningful and transformative.

Program

The program is a balance of service, self-care, spirit and culture. You will work with LemonAid Fund's partners as you experience the people, sights, sounds and culture of Rwanda. You will engage your mind, body and spirit through inspired action.

Draft Highlights:

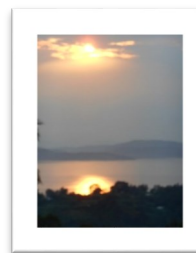
- ◇ Kigali and Museums
- ◇ Cultural and Spiritual Emersion
- ◇ Lake Kivu, Rosamond Carr's home, Nyungwe National Park
- ◇ The Gorillas permit and Volcano National Park
- ◇ 2 LemonAid Fund FGA Service Projects
- ◇ 2 day Safari Akagera National Park



Your Investment

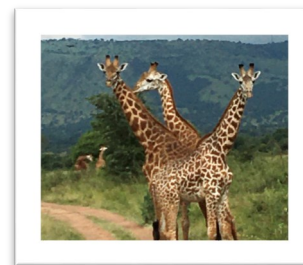
The costs include:

- ◇ Transportation in country
- ◇ Tours, cultural sites, safari, park entrance fees and museum admissions
- ◇ All accommodations (double occupancy) and all but 2 meals



- ◇ Planting of a memorial tree
- ◇ Receptions and Special Events
- ◇ Sponsoring and attending research-based healing process with survivors and perpetrators of the genocide against the Tutsi
- ◇ Angel Sessions (group and individual 1/2 hour)
- ◇ Personal Journal and Reflective Sessions
- ◇ T-shirt
- ◇ Donations (memorials and churches) & Tips

The TOTAL cost of the Journey is \$8,750 (a % is tax deductible) double occupancy plus your airfare to Rwanda, visa fees, and personal shopping.



- \$150 Nonrefundable Application Fee and \$500 Deposit by June 15, 2022
- Travel Insurance (see LemonAid Fund website)
- \$4,000 payment due after interview
- Remainder payment by November 1, 2022

Send Payment to:  *LemonAid Fund

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*If paying on-line through networkforgood.org please pay the service fee.