

A Luminous Experience to Reconnect with our Authentic Selves

We invite you on this unparalleled opportunity to immerse yourself in the cultures, spirit, and beauty of Rwanda as you engage with other amazing adventurous and spiritual women in the art of self-discovery and service. It is a unique experience for those eager to discover another part of the world and challenge yourself in new ways. It will leave you with the pleasure of having served others; an increased awareness of life meaning and purpose; and, we hope generate **transformation** within.



Long time friends and leaders Vicki and Nancy at Rosamond Carr's home in Rwanda

Deposit Required

Space is limited. In order to engage in the highest quality experience and have unique access to local sites a non-refundable \$150 application fee and a non-refundable deposit of \$1500 (for gorillas) is required per person to LemonAid Fund along with an interview to make sure this trip is a good match for you. Reservations are on a first come first serve basis. Reservation is based on **double** occupancy (single occupancy is \$150 per day extra and roommate match is free).



Above Women of Shangi, Rwanda by Dr. Nancy Peddle

The 12th Adventure for Women: sisters, spouses, mother, daughter(s), friend(s)...



LemonAid Fund

490 Lincoln Ave W.
Highland Park, IL 60035

Phone: (312) 714-9370 or (917) 440-6953
E-mail: info@lemonaidfund.org

<http://www.lemonaidfund.org>

An Extraordinary Journey to Summon the Human Spirit to Its Best Self.

➤ ➤ Rwanda: 10 Nights
January 18-28th, 2024



Canopy Walkway in the Nyungwe Forest

Service, Spirit, Sport, Soaring, Sisterhood...

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Why this Journey

We make a difference in this world by our very being. The more we feel our own power, the more that we feel our own peace, the more we can change the world in which we live. We see the importance of self empowerment and transformation as gifts that can be received and given. We believe you will reconnect with your power on this trip.

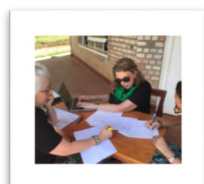
This journey is a unique opportunity of women's self-discovery of mind body and spirit. It is for those willing to challenge their comfort zone and explore their thoughts and feelings toward experiencing more joy.



Journey Leaders

Nancy Peddle, PhD, CEO and Founder LemonAid Fund, Faculty The Chicago School of Professional Psychology (TCSPP) and Well-Being Coach. She has extensive expertise in traveling globally and successfully leading 15 self exploration trips.

Vicki Browne RN, BSN, OCN, Registered Oncology Nurse and Liaison LemonAid Fund. She has co-led 12 transformational trips.



We are committed to making the journey joyful, meaningful and transformative.

Program

The program is a balance of service, self-care, spirit and culture. You will work with LemonAid Fund's in-country partner as you experience the people, sights, sounds and culture of Rwanda.

Highlights (subject to change):

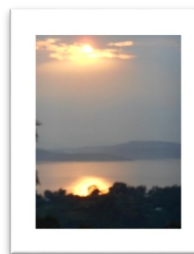
- ◇ Kigali and Museums
- ◇ Cultural and Spiritual Emersion
- ◇ Lake Kivu, Rosamond Carr's home,
- ◇ Nyungwe National Park
- ◇ A Gorilla Trek (additional and non-refundable) and Volcano National Park
- ◇ 2 LemonAid Fund FGA Service Projects
- ◇ 2 day Safari Akagera National Park



Your Investment

The costs include:

- ◇ Transportation in country
- ◇ Tours, cultural sites, safari, park entrance fees and museum admissions
- ◇ All accommodations (double occupancy) and all but 2 meals
- ◇ Planting of a memorial tree



- ◇ Receptions and Special Events
- ◇ Sponsoring and attending research-based healing process with survivors and perpetrators of the genocide against the Tutsi
- ◇ Angel Card Sessions (group and individual 1/2 hour)
- ◇ Personal Journal and Reflective Sessions
- ◇ LemonAid Fund shirt
- ◇ Donations (memorials and churches) & Tips
- The TOTAL cost of the Journey is \$7,400 and if we can book the Gorillas \$8,900 (a % is tax deductible) double occupancy **plus** your airfare to Rwanda, visa fees (\$50 currently), Travel Insurance (see LemonAid Fund website) and personal shopping.
- \$150 Nonrefundable Application Fee and non-refundable deposit \$1,500 (for gorillas) plus \$4,000 payment is required after interview.
- Remainder payment by November 15, 2023



Send Payment to:

for more information.

*Ask for Cancellation Information .



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*If paying on-line through networkforgood.org you service fee required. Thank you.